
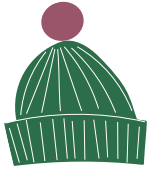



NOVEMBER 2024 MENU

Highland Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pancakes (20) Breakfast Sausage Patty Yogurt (15) Fresh Vegetables & Fruit (15)
4 Breakfast Pizza (28) Carrots Broccoli Fruit (15)	5 Chicken Taco (22) with Cheese and Fixings Mexican Rice (19) Broccoli, Celery, & Fruit (15)	6 Hot Ham & Cheese (26) Baked Beans (23) Carrots Fruit (15)	7 Meatballs (4) and Gravy (4) Two Bread Slices (26) Mashed Potatoes (14) Celery & Fruit (15)	8 Quesadilla Pizza (39) Corn (17) Fresh Vegetables Fruit (15)
11 Cheeseburger on a Bun (26) Baked Beans (23) & Carrots Fruit (15)	12 Pepperoni Pizza (32) Corn (17) Celery Fruit (15)	13 Pasta (38) & Meat Sauce (9) Breadstick (17) Cucumbers Carrots & Fruit (15)	14 Mr. Rib (35) Potato Smiles (20) Broccoli Fruit (15)	15 Grilled Cheese (30) Tomato Soup (17) Fresh Vegetables Fruit (15)
18 Chicken Burger (32) Celery Carrots & Fruit (15)	19 Beef Taco with Cheese and Fixings (34) Refried Beans (10) Broccoli & Fruit (15)	20 Cheese Pizza (32) Corn (17) Cucumbers Fruit (15)	21 Corn Dog (30) Baked Beans (23) Carrots Fruit (15)	22 French Toast Sticks (60) Breakfast Syrup (28) Cheese Omelette Fresh Vegetables & Fruit (15)
25 Chicken Nuggets (15) Dinner Roll (14) Potato Smiles (24) Carrots & Fruit (15)	26 Hot Dog (28) Baked Beans (23) Broccoli Fruit (15)	27 Deli Sandwich (26) Celery Red Peppers Fruit (15)	NO SCHOOL 	

Entrée Alternative
 1st-5th Grades:
 Sunbutter Sandwich (27) String
 Cheese (1), Crackers (14)
 4th & 5th Grade:
 Salad with Meat & Cheese (3)
 Bread Slice (14)
 Crackers (14)
Prices
 Students: FREE
 Adult Price: \$5.00
 Extra Milk: \$0.50
 Lactose Free Milk: \$1.00
Daily Milk Choices
 Plain Skim (13)
 Plain 1% (13)
 Chocolate Skim (20)
 Lactose Free (upon request)
Carbohydrate Count
 Numbers listed in parentheses
 () are the carbohydrate for that
 item in full.
Questions?
 Contact Emily Scheresky at
 emilyscheresky@isd593.org or
 218-281-5313 ext. 7



This Institution is an Equal Opportunity Provider

All Menus are subject to change without notice due to supply chain, availability, and delivery changes.