
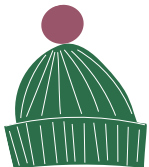
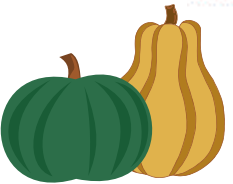


NOVEMBER 2024 MENU

Washington Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pancakes (14) Sausage Patty Yogurt Cup (15) Fresh Vegetables Fruit (8)
4 Chicken Burger (32) Cucumbers Fruit (8)	5 Chicken Taco (22) with Cheese Celery Fruit (8)	6 Ham and Cheese Sandwich (26) Carrots Fruit (8)	7 Meatballs (4) and Gravy (4) One Bread Slice (13) Mashed Potatoes (14) Fruit (8)	8 Quesadilla Pizza (39) Corn (9) Fruit (8)
11 Hamburger on a Bun (26) Carrots Fruit (8)	12 Breakfast Pizza (28) Romaine Lettuce Fruit (8)	13 Pasta (38) & Meat Sauce (9) Celery Fruit (8)	14 Mr. Rib (35) Potato Smiles (15) Fruit (8)	15 Grilled Cheese (30) Fresh Vegetables Fruit (8)
18 Chicken Burger (32) Carrots Fruit (8)	19 Beef Taco with Cheese (22) Broccoli Fruit (8)	20 Cheese Pizza (32) Corn (9) Fruit (8)	21 Corn Dog (30) Baked Beans (23) Fruit (8)	22 French Toast Sticks (40) Breakfast Syrup (28) Cheese Omelette Fresh Vegetables & Fruit (8)
25 Chicken Nuggets (15) Mashed Potatoes (14) Gravy (4) Fruit (8)	26 Hot Dog (28) Carrots Fruit (8)	27 Deli Sandwich (26) Celery Fruit (8)	NO SCHOOL 	

Preschool Menu

Pre-school students will receive all items. Pre-school quantities of fruits and vegetables are a minimum of 1/4 cup each.

Prices

Students: FREE
Adult Price: \$5.00
Extra Milk: \$0.50
Lactose Free Milk: \$1.00

Daily Milk Choices

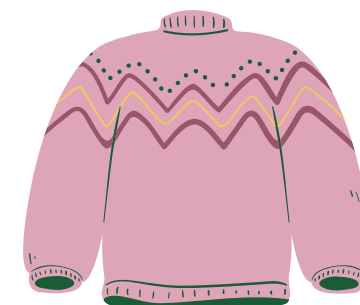
Plain Skim (13)
Plain 1% (13)
Lactose Free (upon request)

Carbohydrate Count

Numbers listed in parentheses () are the carbohydrate for that item in full.

Questions?

Contact Emily Scheresky at emilyscheresky@isd593.org or 218-281-5313 ext. 7



This Institution is an Equal Opportunity Provider

All Menus are subject to change without notice due to supply chain, availability, and delivery changes.