

October 2025 Menu Crookston High School

Monday	Tuesday	Wednesday	Thursday	Friday
	Each lunch is served with fruits (15) and vegetables, one carton of milk, and condiments along with the daily entrée.	1 Deli Sandwich (29) Sunchips (19) Baked Beans (23)	2 Build-Your-Own Chicken Burrito Bowl Mexican Rice (19) Southwest Veggies (20)	3 Pirate's Choice Sandwich Bar (29-43)
6 Chicken Drumsticks (4) Mashed Potatoes (17) Two Bread Slices (28)	7 Pork Nachos (20) Mexican Rice (19) Refried Beans (10)	8 Chicken Alfredo (60) Breadstick (15)	9 New Menu Item! BBQ Chicken Sandwich (46) Sunchips (19) Baked Beans (23)	10 Grilled Cheese (32) Tomato Soup (20) Baked Beans (23)
13 Teriyaki Chicken Bowl (20) Broccoli Dinner Roll (14)	14 Beef Taco with Cheese and Fixings (34) Refried Beans (10)	 No School  October 13-17 is National School Lunch Week! Thank you for eating lunch at school!		
20 Chicken Nuggets (15) Dinner Roll (14) Potato Smiles (20)	21 Pulled Pork Sandwich (46) Sunchips (19) Baked Beans (23)			
27 Chicken Strips (16) Dinner Roll (14) Mashed Potatoes (17) Gravy (4)	28 Beef Nachos (20) Mexican Rice (19) Black Beans (10)	29 Taco Pizza (28) & Fixings Refried Beans (10) Southwest Veggies (20)	30 Chef Salad (2) Two Bread Slices (28)	

Entrée Alternatives

Daily:

Hamburger (29)
Breaded Chicken Sandwich (43)
Plain Chicken Sandwich (30)

Monday: Mr. Rib (45)

Tuesday: Cheese Pizza (32)

Wednesday: Hot Dog (29)

Thursday: Spicy Chicken Patty (40)

Friday: Fish Sandwich (43)

Prices

Students: FREE

Adult Price: \$5.00

Extra Milk: \$0.50

Lactose Free Milk: \$1.00

Daily Milk Choices

Plain Skim (11)

Plain 1% (11)

Chocolate Skim (18)

Lactose Free (11) (upon request)

Carbohydrate Count

Numbers listed in parentheses () are the carbohydrate for that item in full.

Questions?

Contact Emily Scheresky at
emilyscheresky@isd593.org or
218-281-5313 ext. 7



This Institution is an Equal Opportunity Provider
All Menus are subject to change without notice due to supply chain, availability, and delivery changes.