



# February 2024 Menu



Washington Elementary School

Monday Tuesday Wednesday Thursday Friday

29	30 	31	1 Corn Dog (30) Cauliflower & Fresh Vegetables Fruit (8) (15)	2 French Toast Sticks (60) Breakfast Syrup (29) Cheese Omelet Carrots Fresh Vegetables Fruit (8) (15)
5 Quesadilla Pizza (39) Corn (17) Carrots Fruit (8) (15)	6 Beef Nachos (20) Mexican Rice (19) Cauliflower Romaine Lettuce & Fruit (8) (15)	7 Hot Dog (28) Baked Beans (23) Carrots & Fruit (8) (15)	8 Mr. Rib (25) Potato Smiles (10) (20) & Celery Fruit (8) (15)	9 Grilled Cheese (30) Tomato Soup (17) Sunflower Seeds (11) Broccoli Fresh Vegetables Fruit (8) (15)
12 Chicken Nuggets (12) Dinner Roll (14) Corn (17) Carrots & Fruit (15)	13 Mac & Cheese (32) Breadstick (17) Baked Beans (30) Cauliflower & Fruit (15)	14 Deli Sandwich (26) Romaine Lettuce & Baked Beans Fruit (8) (15)	<b>No School</b>	
<b>No School</b>		21 Pepperoni Pizza (32) Broccoli Cauliflower Fruit (8) (15)	22 Chili (32) with Cheese Dinner Roll (14) Goldfish (14) Corn (8) (17) & Fruit (8) (15)	23 Italian Dunkers (32) Marinara Sauce (5) Fresh Vegetables & Fruit (8) (15)
26 Chicken Strips (22) Dinner Roll (14) Corn (17) Carrots Fruit (8) (15)	27 Hamburger on a Bun (28) Baked Beans (12) (23) Cucumbers Fruit (8) (15)	28 Pasta (38) & Meat Sauce (9) Breadstick (17) Carrots, Broccoli & Fruit (8) (15)	29 Corn Dog (30) Cauliflower & Fresh Vegetables Fruit (8) (15)	1 

**Preschool Menu**  
Pre-school students will receive all items in **bold**. Pre-school quantities of fruits and vegetables are a minimum of 1/4 cup each.

**Prices**  
Students: FREE  
Adult Price: \$4.95  
Extra Milk: \$0.50  
Lactose Free Milk: \$1.00

**Daily Milk Choices**  
Plain Skim (11)  
Plain 1% (11)  
Lactose Free (upon request)

**Carbohydrate Count**  
Numbers listed in parentheses () are the carbohydrate for that item in full.

**Questions?**  
Contact Emily Scheresky at [emilyscheresky@isd593.org](mailto:emilyscheresky@isd593.org) or 218-281-5313 ext. 7



This Institution is an Equal Opportunity Provider

All Menus are subject to change without notice due to supply chain, availability, and delivery changes.

