

School Wellness Committee – Minutes

Location: Crookston High School Conference Room

Date: Friday, May 2nd, 2025

Time: 1:00 pm - 2:00 pm

Members in attendance: Avery Mathews, Stacey Grunewald, Linda Morgan, Emily Scheresky

Agenda Items

1. Welcome/Introductions
2. Old Business
 - a. Greenhouse
 - i. Grant was submitted in March, will know results in August
 - b. Staff Wellness
 - i. Assistance seems to not be needed
 - c. Senior Favorites
 - i. How to market to seniors?
 1. Send survey out during a class period
3. New Business
 - a. Senior Letters
 - i. Will be sent out in May 2025
 - b. Next year's objectives
 - i. Minnesota Apple Crunch
 - ii. Farm to school
 1. Farm partnerships?
 - iii. Mental Health Promotion Events
4. Other/Member Updates
 - i. Thank you seniors!
5. Follow-up/Action Steps by next meeting
 - a. Goals:
 - b. Next Meeting
 - i. TBD Fall 2025